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49-Year-Old Develops Severe Heart Problems After New 5G Antenna Installed

Immediately after a 5G tower was erected across the street from his apartment building, a previously healthy 49-year-old Swedish man developed concerning cardiac symptoms and other issues that dissipated when he took refuge in an apartment without 5G, according to a new case study published in the Journal of Community Medicine & Public Health.

By Suzanne Burdick, Ph.D.

35

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Within a week of a 5G cell tower being activated near his home, a 49-year-old Swedish man developed severe heart symptoms that forced him to flee his home, according to a new peer-reviewed case study.

The case study, published Nov. 13 in the Journal of Community Medicine & Public Health, reported that the man's symptoms immediately lessened when he took refuge in an apartment without 5G radiation. But each time he returned to his original home to collect his belongings, the symptoms returned.

This is the fifth scientific report by Dr. Lennart Hardell, a world-leading scientist on cancer risks from radiation, and Mona Nilsson on the human health effects of real-life 5G radiofrequency (RF) radiation.

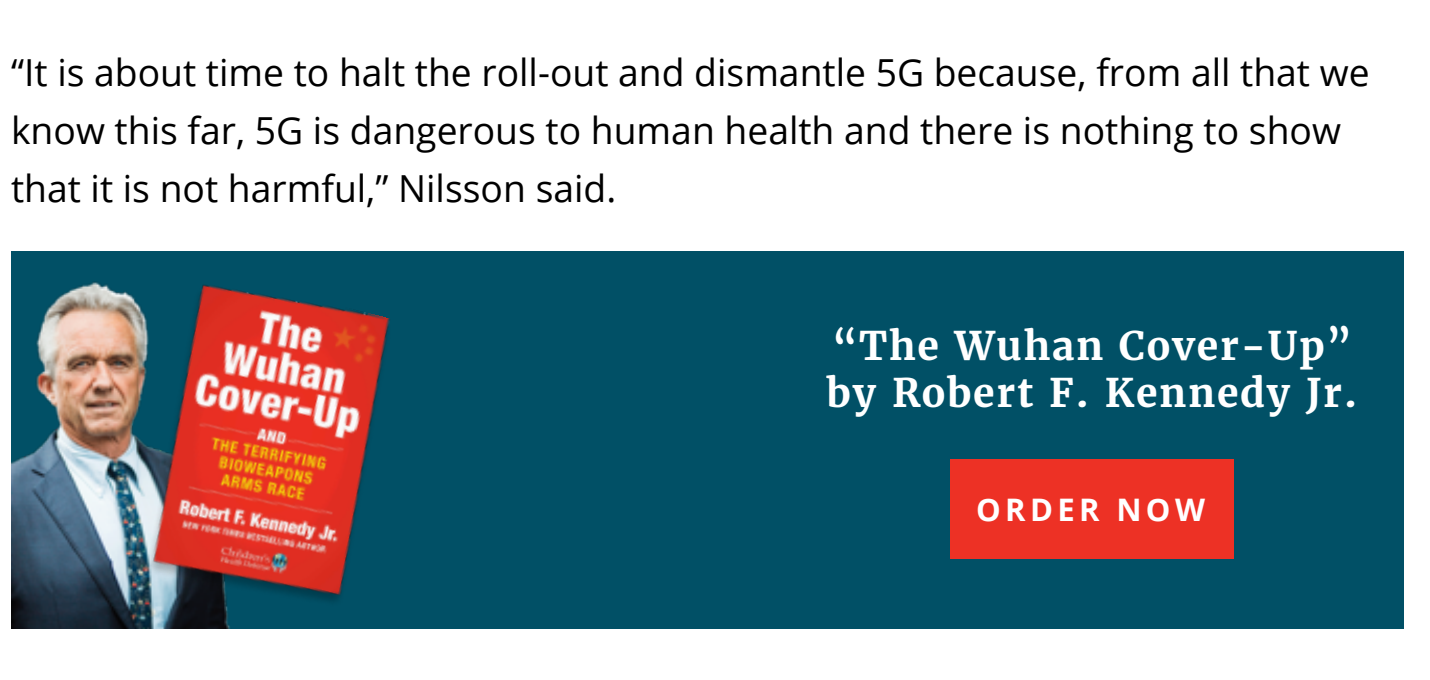
Hardell, an oncologist and epidemiologist with the Environment and Cancer Research Foundation, has authored more than 350 papers, almost 60 of which address the topic of RF radiation.

Nilsson, managing director of the Swedish Radiation Protection Foundation, has been researching the human health impacts of 5G with Hardell for more than three years. She told The Defender:

> "This study further strengthens the findings of our previous case studies, which consistently showed 5G caused very high microwave [or RF] radiation exposure rapidly provoked the onset of severe symptoms typical of 'microwave syndrome' [sometimes called 'RF sickness']."

According to Nilsson, the 5G rollout is a "huge scandal" because it's "forcing people to be exposed to very high levels of pulse-modulated 5G radiation in their own homes without their informed consent and most importantly without any studies showing that it is not harmful."

"It is about time to halt the roll-out and dismantle 5G because, from all that we know this far, 5G is dangerous to human health and there is nothing to show that it is not harmful," Nilsson said.



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Severe symptoms came on swiftly

The new case study reported on the health experiences of a previously healthy man after 5G infrastructure was installed near where he and his adolescent daughter lived.

In November 2022, a 5G tower was deployed on a building rooftop 20 meters from the man's apartment, with its antennae directed toward his apartment.

Prior to the 5G antennae, there had been 3G/4G infrastructure on the roof of the building since 2013, but it was placed farther away from the man's apartment, Hardell and Nilsson said.

Upon deployment of the 5G antennae, the man "rather immediately" began experiencing numerous health problems including chest pain, severe headaches, dysesthesia (abnormal sensations), loss of immediate memory, transitory high pulse, irregular pulse and burning or lancinating (piercing or stabbing) pain on the skin of his hands and arms.

"It became unbearable [for him] to stay in the apartment and he even feared for his life due to the severity of the experienced health effects," Hardell and Nilsson said.

The daughter complained of headaches and sleep problems.

One week after the 5G deployment, the man and his daughter relocated to a different apartment with much lower levels of RF radiation.

The man completed a questionnaire about the symptoms he experienced in October 2022, before the 5G deployment, in November 2022, when exposed to 5G and in May 2023, when living in his new apartment without 5G radiation.

He said his symptoms quickly abated when he left the apartment and quickly returned each time he returned to gather more of his personal belongings.

Hardell and Nilsson noted that the man's symptoms when exposed to 5G were "typical" for microwave syndrome:

> "Headache, sleeping problems and effects on the heart are well documented and reported repeatedly in studies on health effects due to exposure to microwave/RF radiation."

5G pulsed radiation 'more hazardous' than continuous radiation

Hardell and Nilsson measured the RF radiation levels in the vacated apartment.

5G uses pulsed RF radiation signals which may be "more hazardous" than non-pulsed, or continuous, signals, Hardell and Nilsson said.

This is because cellular processes are highly sensitive to fluctuations in the electromagnetic environment of the cell. Indeed, a 2021 scientific review showed that pulsed RF radiation is twice as bioactive as continuous radiation.

Hardell and Nilsson's highest reading was more than 3,180,000 microwatts per square meter (μW/m2) — the highest maximum value that the meter they used could measure — so the actual radiation may have been even higher, Hardell and Nilsson said.

"However, the measured levels are far below the recommended ICNIRP [International Commission on Non-Ionizing Radiation Protection] 2020 limits for the 5G frequency," they said. "For these frequencies, ICNIRP recommends [a] maximum 10,000,000 μW/m2 averaged over 30 minutes."

Hardell and Nilsson concluded that the case study shows that "5G at levels far below the ICNIRP limits may cause severe health effects in [a] short time."

ICNIRP is a "self-appointed" private organization based in Germany that has "worldwide influence and dominance" regarding which scientific studies on negative health effects from RF radiation are taken into account, Hardell and Nilsson said.

ICNIRP's exposure guidelines — which serve as reference values for many governments when setting their exposure limits — are based on the idea that RF radiation is harmful to humans only at levels high enough to heat body tissue.

Hardell and Nilsson wrote, "Their [ICNIRP's] guidelines are based on evaluations that have rejected non-thermal effects, despite growing evidence of a range of harmful effects well below the ICNIRP levels."

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ICNIRP, FCC 'protecting the telecommunications industry'

Nilsson said she hopes the study will raise awareness about the negative health impacts of 5G.

"I want the public to know that they are being exposed in their own homes to levels of microwave radiation that have never been shown to be safe for chronic exposure," she said, adding:

> "Scientists and medical doctors have for years warned about serious potential health effects from 5G and that 5G would cause a high increase in microwave exposure — which is confirmed by our studies.
>
> "They have asked for a moratorium until the risks have been investigated."

Meanwhile, the RF radiation exposure limits accepted by most governments — including the U.S., via the Federal Communications Commission (FCC) — are allowing the rollout of 5G because the limits are set too high, she said.

"It is clear that ICNIRP and governmental agencies like the FCC are protecting the telecommunications industry," Nilsson added.

Their limits protect only against acute effects from radiation so intense that it heats the body and are inadequate for protecting the public against harm from chronic exposure to lower levels of radiation, she said.

Miriam Eckenfels-Garcia, director of Children's Health Defense's (CHD) Electromagnetic Radiation & Wireless program, agreed. She told The Defender:

> "Not only have the FCC limits not been updated in over 20 years, but as the U.S. Court of Appeals for the D.C. Circuit held in CHD's landmark win against the FCC in 2021, the FCC failed to take into consideration non-cancer causing adverse health effects of RF radiation, the environmental threats, and the particular impact of RF radiation on children.
>
> "It is time the FCC and other standard-setting bodies take the hundreds of studies, like this one, into consideration and do their job to protect the public and the environment, rather than big industry."

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Suzanne Burdick, Ph.D.

Suzanne Burdick, Ph.D., is a reporter and researcher for The Defender based in Fairfield, Iowa.

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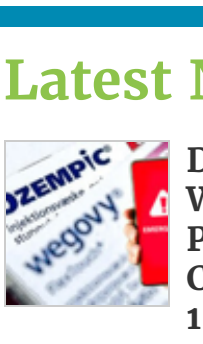

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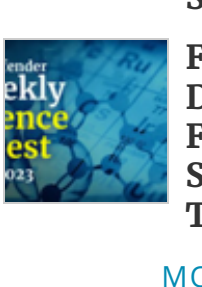

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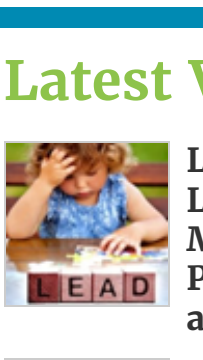

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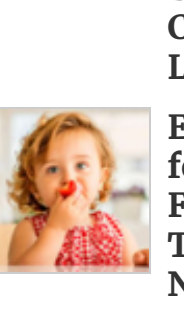

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MultiChubby1
13 days ago

Nothing will be done. Just like the 'vaccine' When they found our it was killing people they ramped up production for other 'vaccines' for other diseases. In other words, the results were promising and intended. To fully understand what is going on you have to think like a psychopathic narcissist. A corrupt system will NOT police itself. It must be eliminated.

9 0 Reply • Share ›

chris → MultiChubby1
12 days ago

people can change everything once they are aware of the danger. No smart meter on my home, for example. Refuse anything 'smart', unfortunately, including your Iphone....

2 0 Reply • Share ›

ACommentator → chris
4 days ago

Lol I'm reading this on my phone.

0 0 Reply • Share ›

Beatrice → MultiChubby1
12 days ago

Spot on. Before the Covid 5G rollout, several scientists testified to Congress about the dangers of 5G. NASA scientists testified that weather forecasting would become corrupted, if possible at all. Nothing was done. Our tax payer funded elected leaders completely ignored these testimonies from top scientists. How accurate is your weather forecasting today?

2 0 Reply • Share ›

Larry DeMarco → Beatrice
10 days ago

Weather forecasting these days is rare. I has been replaced with scripted reporting that is generated by LockeedMartin and Raytheon who produce it through geoengineering. I see the spraying daily above my home in Charleston, but unfortunately not many seem to dare to acknowledge or report on it.

0 0 Reply • Share ›

Beatrice → Larry DeMarco
a day ago

Well Larry, it seems that you and I are going to experience the result from all those chemtrails last week. Right on time as always. Good luck! I've got my generator ready, firewood split and I just need to secure my gardens. Happy Holidays!

0 0 Reply • Share ›

Larry DeMarco → Beatrice
a day ago

Hello Beatrice,
It's fortunate that you're so well prepared. Good luck to you as well and enjoy the holidays.
God bless you and yours,
Larry

1 0 Reply • Share ›

Beatrice → Larry DeMarco
9 days ago

Hi Larry, I'm in the tidewater region of VA and guess what? Something must be coming because the sky is full of chemtrails this Friday morning. I hadn't really considered how I have adapted to using that method of forecasting until you mentioned it in your post. Yuk, I don't like knowing that I have adapted to their technologies in any way. I always roll my eyes when the meteorologists begin showing the viewers all their forecast models. I can remember when there were no models then there were 2 and now there are ???? 10 or more??? Gee, how scientific is it to be a weatherman who flips a coin? There are some really professional and authentic neuron-firing meteorologists on utube. Ryan Hall Y'all is my go to. He doesn't do daily forecasts but he is always there for any important changes or live for severe outbreaks. Despite showing us the models, he still thinks for himself and he's extremely accurate. He refuses to work for any national MSM corp.

Since I'm surrounded by military bases including NASA, my area is always being experimented on. Mark Warner, when governor, admitted this when asked about the chemtrails and he made light of it as if it's normal and safe.

0 0 Reply • Share ›

Larry DeMarco → Beatrice
9 days ago

Hi Beatrice,
Thanks for your reply. Yes making light if it is standard practice, next to refusing to address it at all or lying in your face. We're heavy with military in the Charleston SC area as well. It's such a shame how many of our military brothers and sisters have sacrificed themselves for the greedy establishment. It's also a shame how many of these unfortunate pawns are not serving our citizens by standing for their oath to protect us , but are participating in our, as well as their own demise.
Best wishes and keep the faith, mostly in God,
Larry

1 0 Reply • Share ›

sophia
12 days ago edited

In 2017, I heard a lecture given at West Point(on YouTube) by a neuroscientist named James Giordano. He highlighted weapons of the future..so-called 'stealth' viruses which could lie dormant in the exposed until activated by frequency. Or , simply using directed energy to mimic the symptoms of a virus. .. funny how the symptoms of Covid, the injections AND radiation are so very similar…yet even CHD won't go near this topic. Symptoms also include rulo changes in the blood and clotting/ hemorrhaging…

6 0 Reply • Share ›

Beatrice → sophia
9 days ago

Yes and what's interesting about frequencies affecting viruses and bacteria is that many people who suffer from these infections use a Rife Machine to treat or rather, kill certain pathogens. The frequencies are specific for each pathogen.

0 0 Reply • Share ›

GoRi
12 days ago

Thank you for writing about that. I know at the present moment many people who need white zones. They need financial help or healthy places to be able to work and make some money. They need support from the society that they are not getting. They can be in very bad situations with severe symptoms, financial problems and nobody helping them. People laughing at them or thinking that they need psychological evaluations. I lived that, it is totally horrible.
When many times you observe in your own body the symptoms going away when not exposed to electromagnetic pollution and symptoms coming back when exposed, there are no doubts.
What is hard at the moment is to be able to experience no electromagnetic pollution, as it is everywhere.

6 0 Reply • Share ›

Beatrice → GoRi
12 days ago

It's also affecting pets/domestic animals and wildlife. I remember a story about a man and his Labrador retriever in New England who were affected by the EMFs. His dog suddenly became "ill", didn't want to move, would lie around all day and became annoyed with any attention. I feed wild birds and I have maybe a 10th of the songbirds that I usually do. Where have all the birds gone? Interestingly enough my neighborhood has developed a severe cockroach infestation in the past year. I've lived here over 20 years and never saw one cockroach until 2 years ago. Now, it's become a nightmare for all of us and we must stay on top of weekly preventive measures. Cockroaches will survive microwaves and radiation and just about anything posing a threat to the rest of us.

4 0 Reply • Share ›

Pat Ormsby → Beatrice
12 days ago

Interesting. I wonder if this could be a factor in intractable bedbug infestations that are reportedly occurring in France and South Korea among other places, impacting the economy, because people are unable to get a decent night's sleep. Not even pesticides can control them.

2 0 Reply • Share ›

ACommentator → Pat Ormsby
4 days ago

Recently I read that cockroaches prey on bedbugs. Any connection? 👀

0 0 Reply • Share ›

Beatrice → Pat Ormsby
12 days ago

Very interesting. I was just talking about bedbugs yesterday at my dentist with a patient who's cat has suddenly become infested with fleas for no reason. I told her that I'm terrified of bedbug infestations and will not travel anymore (if I need to stay in a hotel or B&B) because of that. A friend recently had a visitor to her home for one night and now her home is infested and nothing is working.

0 0 Reply • Share ›

irishtap
12 days ago

I have never felt more disconnected from or distrustful of my own government. I've come to the conclusion they 'simply want me dead.'

5 0 Reply • Share ›

Beatrice → irishtap
12 days ago

They don't even think about you/me. There is absolutely no consideration made for our humanity because to them, we are mere objects- just tools used, exploited and violated in order to generate and sustain their wealth. And, you're right, they don't care if we die because we are easily disposable or discarded when seen as unprofitable, costly, burdensome, inconvenient and troublesome.

3 0 Reply • Share ›

Frederick Lee
13 days ago

I would be curious to know if something like aluminum foil would block the signal enough to alleviate the symptoms. That should be an easy test since the person consistently displays symptoms.
On the other hand, if foil doesnt stop the signal, what would? That would be important to know.

5 0 Reply • Share ›

david peterson → Frederick Lee
12 days ago

I tried a simple experiment at home that you can do too. Simply wrap your cell phone in aluminum foil and then have someone call the phone. I tried this and my phone rang proving that one layer of aluminum foil is NOT a "faraday bag" or block the transmission or reception of a cell phone signal. I even placed my cell phone in my microwave oven and again the phone rang while inside the oven proving that whatever shielding my microwave had when new is now gone, if it ever had the shielding in the first place. I have not used a microwave oven for many years anyway as I don't like the way it cooks food and I have always wondered if the microwave energy is leaking out and irradiating my kitchen.

3 0 Reply • Share ›

Wendy → david peterson
10 days ago

It is leaking out. I read that you have to be at least 15 or more feet away from a running microwave oven to be safe. I don't trust it even then. When I bought my condo, the microwave was one of the first things to go. I have an old fashioned fan over my stove now.

1 0 Reply • Share ›

Hodar → david peterson
11 days ago

The Faraday cage, is tuned to the RF spectrum range. In the case of your microwave oven, it's tuned to approximately 2.45 GHz. A filter is not absolute, it simply reduces the level to a "safe" number, such that you don't fry your eyes when you look through the viewing window.

The 5G phones use frequencies up to100GHz, as well as some below 6 GHz. The aluminum foil is a good way to think of what the faraday cage does, but there are also specific metallurgical properties involved. I have seen people take several layers of aluminum and be unsuccessful, yet have seen a single wrapping of the general purpose "thermal blanket" work very well. I stick to digital engineering, as I am a simpleton; that RF is too much black magic for my tastes.

On the other hand, I can administer a series of IQ and physical tests on a set of humans at various locations in remote regions, and again under the active turbines at Hoover Dam, and the readings will all be within statistical norms. But a few micrograms of caffeine, or LSD, or a few shots of booze - and things dramatically change. We are far more affected by chemicals, then we are eletromagnetics.

1 0 Reply • Share ›

ACommentator → Hodar
4 days ago

What's in a thermal blanket?

0 0 Reply • Share ›

chris → Frederick Lee
13 days ago

I have a meter which goes to ~6-8GHz. Did some tests under a white cell tower, installed illegally on the property of my family member. Application of the double aluminum foil from Lowes, lowered the values significantly. Now the owner, never shielded, had already multiple strokes and recently apparently heart attack and stroke in the same time (Kaiser Permanent-e diagnosis...). The incidents intensified after installation of a home smart monitor having a central sender and receiver (huge dose of EMF's) and a unit hanging on a body of the victim, allowing for a super fast help with a push button in the emergency situation. Indeed the last 2 emergencies saved the life, or, how about that, they actually caused it in a unison with everything around? That 'special care' for an old non-vaccinated is remarkable. And it is hard to convince anyone otherwise even when showing the measured values. That 'watch unit' can't be shielded so well, the signal goes even through the walls, ie must have longer wavelengths...

3 0 Reply • Share ›

Beatrice → Frederick Lee
12 days ago

There are some really good videos on utube about how to protect yourself. I can't remember the ones I watched by name but an engineer actually tested different methods and products. But the fact is, NONE OF US, should have to spend money on products and spend time researching this crap. None of us should be exposed in the first place.

2 0 Reply • Share ›

Pat Ormsby → Frederick Lee
12 days ago

The gaslighting will continue until morale improves. An entire generation of children is being grievously harmed just to keep up the pretense that technological progress is for everyone's benefit.
I think a lot of people are starting to see through it. A lot of frogs are waking up to the rising temperature around them. OTOH, so many are addicted to their slavery that I suspect only an energy crisis with power outages will save them.
Meanwhile, if anybody tries to tell you that there is no possible mechanism for non-thermal damage from telecommunications signals, point them to the following: Panagopoulos DJ, Karabarbounis A, Yakymenko I, and Chrousos GP (2021) Human-made electromagnetic fields: Ion forced-oscillation and voltage-gated ion channel dysfunction, oxidative stress and DNA damage (Review). Int J Oncol 59: 92; www.spandidos-publications....
This paper is highly technical, so a friend and I summarized it here:
https://sinners4diseasecont...
Dr. Martin Pall has brought voltage-gated calcium channels to the attention of the interested. Panagopoulos et al. document the entire process of damage from EMR exposure, causing oscillation of ions, which trip the voltage-gated ion channels in cell walls, resulting in electrolyte imbalances, with the various damage that results from that, such as this man's heart issues and well-documented DNA damage.

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ACommentator → Frederick Lee
13 days ago

Faraday cage.

1 0 Reply • Share ›

Pat Ormsby → ACommentator
12 days ago

They are helpful, but no panacea. We know a lady who was confined to a Faraday cage in her sister's house, where she had taken refuge after cell towers were installed on an adjacent apartment building, facing her apartment. Even a Faraday costing thousands of dollars is smaller than a jail cell, and you do have to leave it to use the john or you risk getting electrolyte solution on the shielding mat below you. Even a little gap causes me to wake up in the middle of the night with palpitations from my in-law's smartphone.
We first need public awareness. Until then, you might as well be screaming in space.

0 0 Reply • Share ›

john wilson
11 days ago

The Globalist are using many different avenues to kill off the population, 5G towers, Virus made by China, Vaccine poison shots, Starvation, Contrails, Mens into food and aerosol , etc

3 0 Reply • Share ›

Mayfield
13 days ago

When I realized the government was trying to kill me, it all started making sense...5g, covid, digital currency, plenty of guns.
I totally agree about 5g, the uniparty will do nothing. Fortunately, the politicians will fry too, along with the employees of major Telecom companies, so there is a silver lining to it.

2 0 Reply • Share ›

Roman Shapoval → Mayfield
11 days ago

Agreed Mayfield. The good, and bad news, is that there are more EMFs around us than we know, but can also control:

https://romanshapoval.subst...

0 0 Reply • Share ›

Wendy
10 days ago edited

I'm still mad about taking away our incandescent light bulbs. I just had to buy LED bulbs for my tiffany bedside lamp. I had to take the lamp apart to get the bulb in and it did not screw in all the way. Ironically, I have to unscrew it slightly so it will stay lit. Piece of crap. And dangerous too. LED's produce flicker, similar to a strobe light, which is not always visible but the body responds to it. It causes many health issues including eye strain, headaches, fatigue and seizures. Ugh.

https://www.waveformlightin...

1 0 Reply • Share ›

Roman Shapoval
11 days ago

Before 1850, heart disease was the 25th cause of death, on par with accidental drowning:
https://romanshapoval.subst...

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Gringo
13 days ago

5 Reasons Why Everyone Is Switching to This (NASA-Inspired) Radiation Protection Clothing.

https://getlambs.com/l/list...

1 0 Reply • Share ›

G. FORTIN
7 days ago

Here we go again! Of course, nothing will be done, just like with cell phone towers the effect on the brain.

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